



Early Help is...

A team of people

(parents, children, school, a support worker etc.)

Make a **plan** with small changes

To **make things better** for a child



Who is Early Help for?

Children and families who want some extra **support** with:

- **routines**
- **relationships**
- **behaviour** (at home or school, or both)
- **attendance**
- **physical safety**
- **emotional well-being**
- **Special Educational Needs & Disabilities**

And many other reasons.

Did you know?

Early Help is very common and has helped many parents, including GPNS parents.

Early Help is not social care.

What to expect:

Regular meetings

Meetings usually happen at school.

This is a chance to chat with everyone involved about what we can all do to help make things better.

Meetings usually last 1 hour and happen every 6 – 8 weeks.

Help from Professionals

A **Family Service Worker** can visit to help with routines at home. **School nurses** can help with health and there are many other services that can be part of the early help.

Commitment

Parents must say yes to an Early Help first.

Early help is voluntary; so you can withdraw at any time, as long as you are sure your child and your family do not need help any longer.

To find out more, speak to
Miss Epps, Family Support Manager