

# Cheshire East People Helping People

The coronavirus pandemic is a challenging time for everyone, but the kindness already being shown in our communities is outstanding. We want to build on this to ensure our vulnerable and isolated residents receive the help and support they need. If you would like to offer support or need help with the following;

- Shopping / gathering medical supplies
- Meal Delivery
- Advice and Guidance
- A friendly phone call
- Or another support service...

Please contact us:

Call: 0300 123 5034

or

Register online: [cheshireeast.gov.uk/peoplehelpingpeople](https://cheshireeast.gov.uk/peoplehelpingpeople)

## **Coronavirus is contagious.**

Please take every precaution to ensure you are only spreading kindness.

Avoid physical contact (2m distance). Wash your hands regularly. Leave items on doorstep.