



Gainsborough Primary & Nursery School

Pupil Anti-Bullying Leaflet

It's Bullying
when it happens ...

Several
Times
On
Purpose

This is what you
should do ...

Start
Telling
Other
People

Bullying can be ...

Physical: punching kicking,
spitting, hitting or pushing.

Emotional: Hurting
people's feelings, leaving
people out

Racial or Religious: Calling
people names or being
unpleasant to people
because of their race, skin
colour, cultural heritage or
religion

Cyber: saying unkind things
by text, email and on the
internet

Written: letters, notes,
graffiti

Verbal: being teased, name
calling

Sexual: unwanted or
inappropriate touching or
rude comments

Homophobic: treating
people badly because they
are homosexual or using
homophobic language as a
form of insult eg calling
someone gay

OUR RESPONSIBILITIES

To do our best

To think about how others feel.

To look after each other, not just our friends but everyone in school.

To be honest

To talk to a trusted adult when things are difficult.

To listen to other people and to the adults trying to help us.

OUR RIGHTS

We all have the right to feel safe and to not feel afraid.

We have the right to know our feelings matter

We all have the right to an education.

We all have the right to be happy and enjoy school.

We have the right to be heard

What we do in our school when bullying happens ...

We take immediate action to make sure the bullying stops and everyone is safe.

We take bullying seriously and always listen.

We always report bullying to parents

We support all the children involved.

We work with children who have bullied to change their behaviour.