



Gainsborough Primary & Nursery School Newsletter

9th February 2024

Dear Parents/Carers

This week pupils have been exploring the importance of staying safe online, including when using mobile phones, as part of Safer Internet Day which was on Tuesday. Each year, Safer Internet Day covers a new theme. For Safer Internet Day 2024, the theme is 'Inspiring change? Making a difference, managing influence and navigating change online'. This can be from very simple changes that may happen when using the internet or resources online e.g pop ups, accidentally clicking links, a video moving onto another video automatically to much more impacting changes such as profile settings changing, privacy settings changing or hacking.



Mrs Appleby has been visiting classes in EYFS and KS1 this week to help the children learn about Keeping our body parts private.

It is also Children's Mental Health Week. Children's Mental Health Week was launched nationally in 2015 and each year, hundreds of schools, children, parents and carers take part. Now in its 10th year, the theme this year is 'My Voice Matters'.

My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves. Children and young people who feel that their voices are heard and can make a difference have a greater sense of community and self-esteem. Here at Gainsborough the children have been swapping classes and chatting to each other - listening and valuing talk.



Dr Alex George is an advocate for Children's mental health and he has some useful tips for you to explore this issue at home:

<https://www.youtube.com/watch?v=Gou5t5W-GIA>



Have a lovely weekend

Mrs Nurse

Online Group Chats

We have had a number of reports and complaints around our children's use of 'online group chats'.

This is a request for **ALL** Gainsborough parents to take an active role in safeguarding our children online.

More and more children are being requested to join group chats and many of these contain a significant amount of swearing, abusive language, bullying, inappropriate photographs/videos, and some cases sexualised language.

Please:

- 1) Sit next to your child if they are on their phone/device. Make sure you can see their screen. Ask them to talk you through exactly what they are doing. Encourage children to leave, block and report group chats if they become unkind.
- 2) Spot check their phone daily. Read their search history and read their conversations on WhatsApp/TikTok/Snapchat etc.

Children who are exposed to this kind of online activity are telling us that they feel sad, unhappy and stressed after being in these groups chats.

Most social media platforms that allow group chats are age rated 13+ and even 16+ and primary school children need constant support from their adults to help them navigate complex social arenas.

Please do get in touch with us if you would like any support in this matter.

Further advice: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>.



This week in Nursery we have been learning about Chinese New Year. We made Chinese lanterns and dragons.



Music For Life

This week the children have been treated to an amazing assembly by Eve Harrison from Music for Life. Eve played different musical instruments and told us all about the instrument lessons that Music for Life offer. Your child should have come home with a leaflet about it. Please get in touch with Music for Life if you are interested in booking a series of lessons.

<https://www.musicforlife.org.uk>

Year 5

Year 5 have been enjoying listening and playing along to Blues music this week. They have been learning about the timings involved in the music and worked together to play chords (2 notes) to accompany a 12-beat Blues track. They all did really well counting the beats per bar and keeping in time with the Blues backing track.



Mental Health Week

Year 5 and 6 have received a class copy of Dr Alex George's 'A Better Day' positive Mental Health Guide, plus activity journal full of lovely ideas to help children manage their emotions, process difficult thoughts and feelings, practise gratitude, as well as lots of other tips and tricks to help us have a better day.



This week we have been celebrating Lunar New Year. We have learnt a song:

<https://nancymusic.com/Gunghayplay.htm>

Maybe your little one can share it with you at home. We have made folding cards, paper lanterns and had a go at writing Chinese symbols.



Please take a look at the QR codes to have some fun looking at the sounds we have learnt this week.

Please remember to send in your child's book bag and reading diary every day.

Mrs Kettle's RWI group please read your ditty sheet/book daily.

<https://schools.ruthmiskin.com/training/view/vbap5G7s/wAuaOY19>



<https://schools.ruthmiskin.com/training/view/6bKpnB4k/hQNJowRk>





Cup Winners

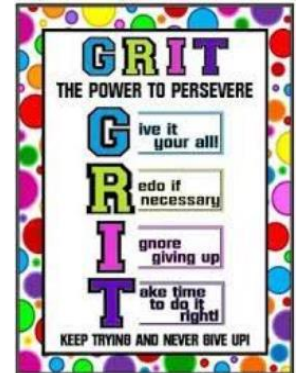


- Class 1: Irfan for growing in confidence.
- Class 2: Deviishaa for lovely handwriting.
- Class 3: Jayden for his excellent sentences using 'because' this week.
- Class 4: Taku for excellent curiosity and engagement at the church visit this week.
- Class 5: Brajen for a brilliant and much improved work ethic.
- Class 6: Ivan for his excellent work in phonics.
- Class 7: Maria for approaching every task with a positive attitude and a big smile.
- Class 8: Muntaha for always helping out children with their work.
- Class 9: Diane for working hard to write in accurate sentences.
- Class 10: Jakub for an improvement in his handwriting and presentation.
- Class 11: Leah for an excellent diary entry based on our story Anglo Saxon Boy.
- Class 12: Dominik for great independent writing.
- Class 13: Vidalia for trying hard in maths. Keep it up!
- Class 14: Wiktorija for excellent effort in every lesson!



Gainsborough GRIT and Determination Awards

Class 7	Tibi
Class 8	Seby
Class 9	Jacob
Class 10	Jakub
Class 11	Jaden
Class 12	Oskar
Class 13	Millie
Class 14	April



Lunchtime Menu - week 1 - w/c 12th February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy Pasta Jacket Potato	Sausage and Potatoes Spanish Rice	Roast Gammon Bap Veggie Burger	Cottage Pie Loaded Potato Skins	Fish Fingers and Chips Texan Quorn Tortilla
Ham / Cheese / Tuna	Ham / Cheese / Tuna	Ham / Cheese / Tuna	Ham / Cheese / Tuna	Ham / Cheese / Tuna

Attendance			
National average Primary School attendance		96%	
Overall school attendance to date		94.97%	
Overall school attendance last week		91.54%	
Nursery Mrs Taylor		87.7%	
Class 1 Mrs Kettle & Miss Hooker	90.8%	Class 2 Mrs Grocott	90.9%
Class 3 Miss Booth & Mrs Clewes	79.6%	Class 4 Mrs Hampshire	90.8%
Class 5 Miss Croucher	83.8%	Class 6 Mrs Poulson-Green	89%
Class 7 Miss Oliver	90.3%	Class 8 Miss Lee	93.7%
Class 9 Miss Gough	98%	Class 10 Miss Iddenden	96.4%
Class 11 Mrs Dewey	96.5%	Class 12 Miss Marshall	93.9%
Class 13 Mrs Kelly	89.7%	Class 14 Mrs Taylor	98.1%

Diary Dates			Dates for your Diary
12 th February			Year 3 Mosque Visit
13 th February	8.15-8.35am		Year 3 Breakfast and Books
14 th February	8.15-8.35am		Year 1 Breakfast and Books
15 th February			Year 6 Tatton Hall visit
15 th February	12.50pm		Year 5 Family Lunch
16 th February			Sepsis Awareness Day
16 th February			Class 7 swimming lesson
16 th February			Last day of half term
19 th – 22 nd February			Gold Stars Holiday Club
26 th February			Children return to school
27 th February			EYFS Chester Zoo visit
27 th February	12pm		Year 3 Family Lunch
28 th February	8.15-8.35am		Year 4 Breakfast and Books
29 th February	8.15-8.35am		Year 5 Breakfast and Books

Mrs Nurse's Special Award

- ★ Harley (c13) and Alexa (c13) for brilliant writing.
- ★ Teddy (c14) for a super effort in his reading booster club.
- ★ Logan (c13) for brilliant writing.
- ★ Isla (c10) for super handwriting.
- ★ Noah (c14) for fantastic writing.
- ★ Alisha (c9) and Bety (c9) for helping in the hall.

